

VHI Art & Craft Recipes



Cooked Play-Dough

Ingredients: 1 cup flour, 1/2 cup salt, 2 teaspoons cream of tartar, 1 cup water, 1 tablespoon oil, food coloring.

For group settings double the recipe.

Combine flour, salt, and cream of tartar in a saucepan. Mix liquids and gradually stir them into dry ingredients. After the mixture has become smooth, cook over medium heat, stirring constantly until a ball forms. Remove from heat and knead until smooth. Unsweetened Kool-Aid can be utilized instead of food coloring. The Kool-Aid will color it and make it smell great.

Deep colors and strong flavors work best.

Cooked play-dough is stretchy and durable dough, with a more elasticity than uncooked play dough.

Glop

Ingredients: 2 cups salt, 2/3 cup water, 1 cup cornstarch 1/2 cup cold water.

Mix 2 cups salt and 2/3 cup water, heat for 3-4 minutes. Remove from heat and quickly add mixture of: 1 cup cornstarch and 1/2 cup cold water. Stir quickly. Return to heat briefly if dough is too soupy.

Peanut Butter Modeling Clay

Ingredients: 1 cup peanut butter, 1 cup honey, 1 cup powdered milk, 1 cup oatmeal.

Make something beautiful and the eat it!

Finger-paint

Ingredients: 5 teaspoons cornstarch, 4 cups water, food coloring, and sealable plastic bags.

Mix together the sugar, cornstarch, and water. Heat over medium heat, stirring often until the mixture is as thick as pudding. Let the mixture cool and then divide and put in sealing baggy. Seal the baggy and store in cool dark place.

Crayons of Soap

Ingredients: soap flakes, food coloring, hot water, ice cube trays (plastic works best)

Pour 1/8 cup of water into a measuring cup. Fill to the one cup mark with soap flakes.

Mix until you have a thick paste. Add several drops of food color (don't use much). Press spoonfuls of soap into the ice cube tray. You can repeat this with several different colors. Allow to dry for a few days before using.

Putty

Ingredients: Elmer's glue and liquid starch.

Mix equal parts of Elmer's glue and liquid starch and knead. Don't give up-you may have to add more glue and knead some more. If it is sticky add more liquid starch. If it is stringy add more Elmer's glue. You can add food coloring and store in an air-tight container.

Can leave it white and let the children use markers on it.

Note: This may stick to clothes and hair. Children need to wear paint shirts. If any of the silly putty sticks to a child's clothes or hair use white vinegar to remove it. The white vinegar dissolves the silly putty.

Bottle Glitter

Ingredients: 1 part flour, 1 part salt, 1 part water, food coloring.

Mix equal parts of flour, salt, and water. Pour into plastic squeeze bottles, such as those used for mustard and ketchup. Add food coloring for variety. Squeeze onto heavy construction paper or cardboard. The salt gives the designs a glistening quality when dry.

Large amounts can take a long time to dry.